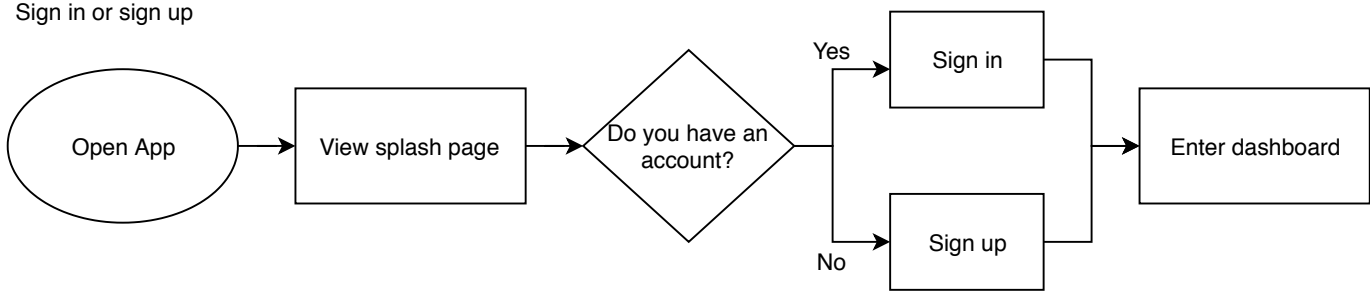
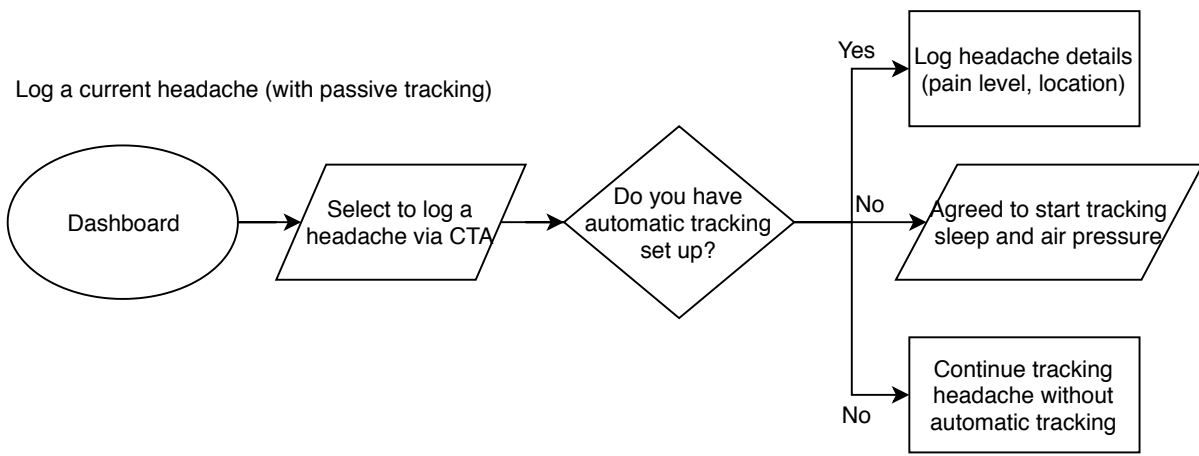


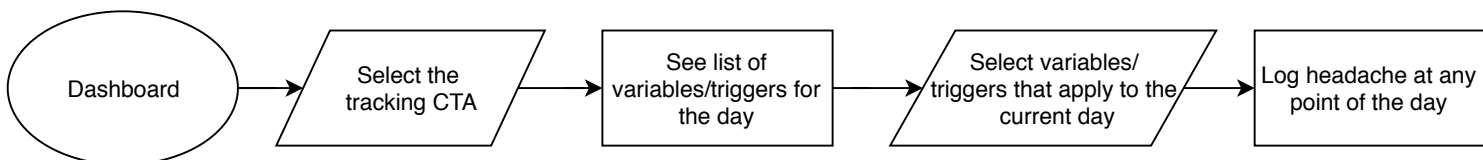
Sign in or sign up



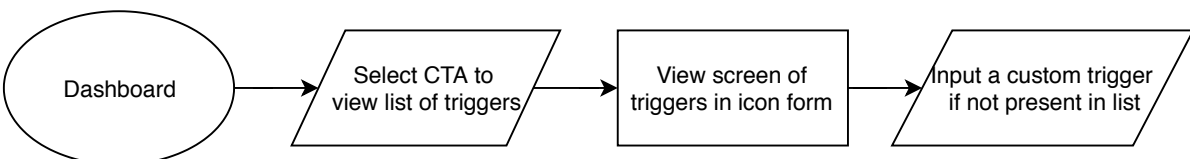
Log a current headache (with passive tracking)



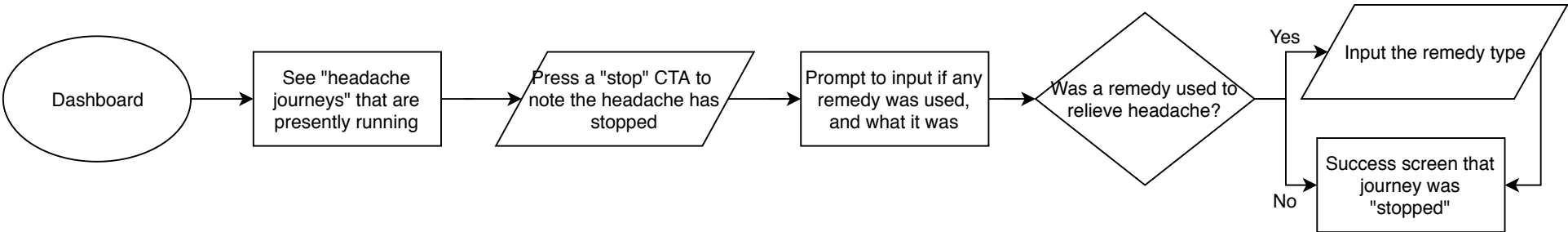
Start a daily tracking log (active)



View list of possible triggers



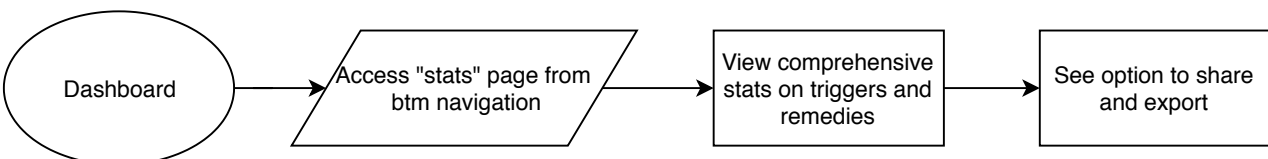
Log that a headache stopped



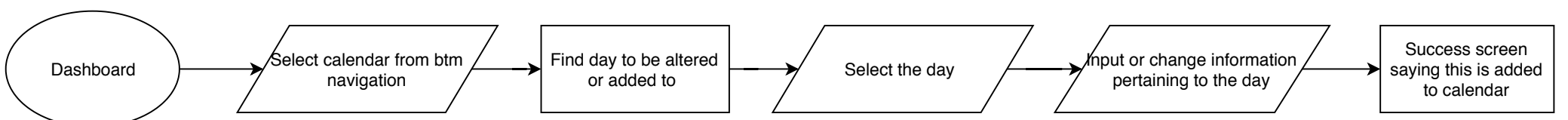
Set up elimination plan for a trigger



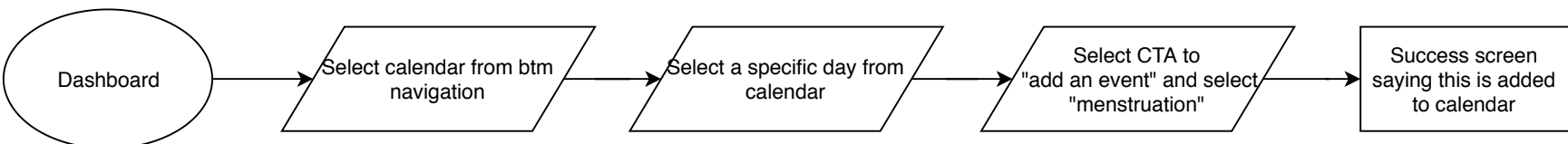
Review trigger/remedy statistics



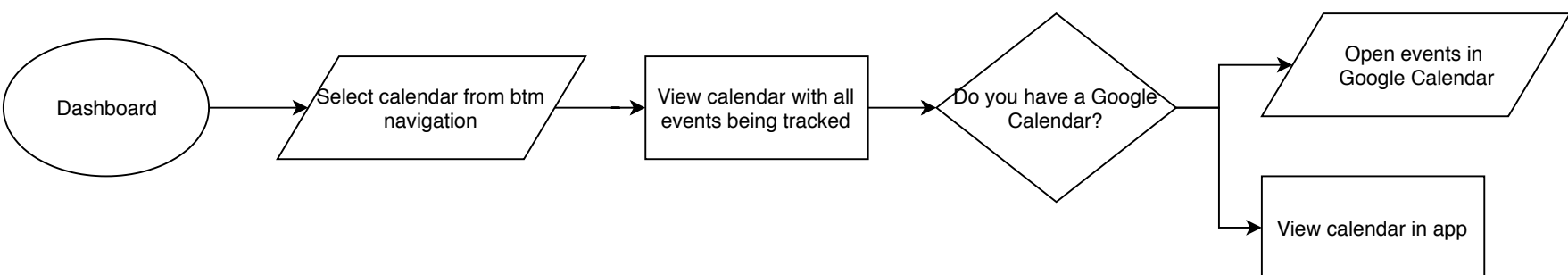
Fill in triggers/info for a day that has passed



Track menstrual cycle



View calendar with tracking information



Access resources for suicide prevention

